

## Participation Fee

For 5 days Training:

**300,- EUR** for eastern European participants

**400,- EUR** for western European participants

Venue costs are not included.

## Venue

Center „Cognitiva“, Sofia, Bulgaria

## Date

Opening: 8th of July 2019, 10 o'clock

Closure: 12th of July 2019, 14 o'clock

At the end of the Training, participants will receive a Certificate of attendance. Those participants who are interested to receive a Diploma for Psychodrama with children therapist will have the opportunity to do it after fulfilling the additional requirements.

## Registration

Registration and further information:

Szenen

Institut für Psychodrama

Barbarossaplatz 7 (Ecke Kyffhäuserstr. / Roonstr.)

50674 Köln

**Phone:** +49 (0) 221-67 789 352

**E-mail:** info@szenen.de

**Web:** www.szenen.de

## Duration of the group

The group will continue for 2 years, consists of 4 trainings, 5 days each, 2 training weeks per year.



## Psychodrama Therapy with children

1st International Training group  
Starts July 2019



 **Szenen**  
Institut für Psychodrama

 Center for child development  
and psychological consultation  
**Cognitiva**

# Introduction

**“A child is very serious when playing.”**

– J. Rousseau

The psychodramatic therapy of children differs profoundly from treating adults with this method and demands a lot from the psychodrama therapist. Children communicate differently from grown-ups. Playing is their instrument of expressing their inner world and they use symbols to do so. One can say: Playing is their „royal way“ to express the unconscious. They search for their possibilities by „Doing and Acting“. They test their inner images by acting it out and bringing it onto the appropriate stage.

Children play, choose subjects, places and roles. That is the way they express themselves, develop and have fun. Presumably this is the origin of the psychodramatic therapy. Jacob L. Moreno based his psychodramatic work on this kind of play and included the basic steps and elements of the human development.

Children are characterized by an outstanding creativity. They can change sorrowful situations into a game with symbols and find solutions for their own conflicts. Constitutive psychodramatic fundamental techniques are adopted by the vivid, childish play. Child psychodrama supports the self-development and the advancement of children in a special way.

# Concept

The course teaches the main principles of this symbolic play with children in theory and practice, corresponding psychodramatic techniques for action and the appropriate use of psychodramatic options for intervention in both group and individual therapy. The accompanying work with parents or with the parents and the child is also part of the training.

The participants will learn to recognize the inner dynamics in groups of children and deal with them actively through play. They do so by experiencing themselves in analogous play situations, in exercises and reflection and guided methodological and theoretical evaluations. By actually participating in group or individual sessions in the roles of children, they gain an awareness of themselves, gain access to themselves as children, and thereby 'playfully' reinforce their personal skills.

# Target Group

Professionals who work with children educationally and / or therapeutically such as child and adolescent psychotherapists, physicians, psychologists, mental health and social workers, teachers, and educators.

# Groupleaders



*Stefan Flegelskamp*

Graduate social worker, child and adolescent psychotherapist, Supervisor, has been working with children and adolescents for many years. He has also been conducting Psychodrama and Psychodrama for childretrainings for many years at the Institute of Psychodrama *Szenen*, at which he has been the director since 2011.



*Milena Mutafchieva*

Ph. D of Developmental Psychology, Associate Professor in Cognitive Science and Psychology Department in New Bulgarian University, Sofia. She got her PhD in Developmental Psychology in 2007. She has been a psychodrama trainer for adults for many years and now she is in training for psychodrama with children.

# Szenen im Profil

*Szenen* – The Institute of Psychodrama was founded in 1991 after many years of experience in psychodrama training by Agnes Dudler, according to the motto “small but beautiful”. Psychodrama, soziodrama, sociometry and group psychotherapy are practically and theoretically developed by *Szenen* and trained as a modern, holistic and humanistic method.

In *Szenen*, a competent and experienced team will be waiting for you to learn to enjoy learning.